

# Trauma Informed Schools UK

## Skill Building Day

### CPD for TIS Practitioners

**“A child’s trauma refuses to be silenced. It’s in their body, their behaviour, their relationships. It blocks their learning.”**

#### About the training

These skillsdays will further explore interventions developed within diploma training that can be so effective in trauma recovery.

Re-visiting the healing power of reflect in editing a young person’s incoherent narrative which may be fuelling their challenging behaviour and/or mental health difficulties.

Using key relational skills and reflect strategies can encompass a range of resources you may have readily accessible within your setting.

#### Skillsday Overview

- Re-visiting the healing power of Reflect (TISUK; PRRR Model)
- Big Empathy skills, Sandtray skills or Emotion Cards
- Collaborative sensemaking
- Enhance Key Skills in Empathic Responding to the Child/Young Person
- Opportunity to share and reflect on strengths and weaknesses with this approach
- Why we use imagery and metaphors to support therapeutic change

#### Applicability

Qualified TIS practitioners looking for CPD to extend their skills with interventions.

**Dates:** Friday 11th October  
Monday 4th November  
Tuesday 18th March

**Time:** 9.00am - 3.30pm

**Cost:** £195pp

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